

Some people believe that in order for a hobby to be enjoyable, it needs to be difficult in some way.

Do you agree or disagree?

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As a pace of life has increased beyond our wildest expectation, the importance of people's hobbies are more obvious than every time in past. Some people point out that a significant factor for a hobby to be joyful is having some level of difficulties, whilst others frown upon this statement. I, personally, have a firm conviction that there is a more to hobbies in order to be considered as an enjoyable leisure pursuit than merely being hard to operate. Both conflicting notions will be considered in this essay.

Some individuals assert that a hobby need to be hard enough, otherwise it cannot appeal to public. They believe that people who almost all of them is adhering to routine lifestyle, really deserve to participate in an activity which is hard to operate and cause their body to release thrill's hormones. In that, this hormones contribute to sense of glee which can allow people to allocate sometime to be away from work, family or other life responsibilities. Moreover, difficult sport such as rock climbing, provide people with some new experiences, pushing them out of their comfort zone. Excitement and experiencing unpredictable things causes ~~that-thisthese~~ groups of people to think difficulty would played a pivotal role to make a hobby enjoyable.

However, others reckon that the criteria which make a hobby interesting, not only are not limited to only one or two items but also it is synthetic factors which is not ease to generalize for all walks of people. Some people tend to opt for relaxing hobbies like Yoga, as it helps them to ease their mind as well as making them fine and fit. In the other words, they need to have a hobby which relax them after a hectic days. Besides, they think taking part in a relatively difficult activity need some level of physical abilities which make that not very desirable work after a work time.

Therefore, the preponderance of people, I included, believe that the parameters which are making an activity attractive, are desperate from one to another and it directly depends on individual's personality and attitudes. Although it is likely

that some people consider difficulty as a factor, there is no doubt that it cannot be the main factor which is acceptable by fellow human being.

To conclude, some members of society mention that an enjoyable hobby need to offer a levels of difficulty which challenge people whilst others claim that for some others it is counter-productive and the more a hobby is difficult, the more people tend to be not decisive to choose it in their life timetable. As human being is the complex creatures with the different mindsets, we cannot generalize a statement to all without having enough proofs and this subject is not exception too.